



State Department of Education

***Prevention programs in Idaho...
focus on building the strengths of young people by establishing
a positive learning environment that is safe, drug and violence
free in which youth may develop to their maximum academic
and life skills potential.***

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EXECUTIVE SUMMARY

STATE DEPARTMENT OF EDUCATION STATE TOBACCO TAX AND FEDERAL TITLE IV 2004-2005 SAFE AND DRUG-FREE SCHOOLS PREVENTION PROGRAM (SDFS)

The **goal** of the SDFS program is to build on the strengths of Idaho students by establishing a positive learning environment that is safe and drug and violence free in which youth may develop to their maximum academic and life skills potential.

SDFS PROGRAM – 2004-2005

- ♦ **110 District program grants awarded**
 - plus Idaho School for the Deaf and the Blind
 - plus five charter schools
- ♦ **1,211,149 plus participants** (comprehensive approach; participants involved in more than one activity, service or program)
- ♦ **494,077 plus volunteer hours**

PROGRAM SUCCESS INDICATORS (Results for Years 1998-2005)

39%	Decrease of weapons brought onto school grounds
56%	Decrease in tobacco incidents on school campus and at activities
36%	Decrease of expulsions
32%	Decrease in incidents of fights on school campus and at activities

STUDENT ASSISTANCE PROGRAM (2004-05 Student Survey Results)

83%	Reported that this program helped them stay in school
77%	Reported they had decreased/stopped alcohol, tobacco, and other drug use
73%	Reported that the program had a positive effect on school attendance

Impact

The Safe and Drug-Free Schools Program has had a significant impact on student use of tobacco, alcohol, and drugs.

According to the 2004 Substance Use and School Climate Survey conducted by the Northwest Regional Educational Laboratory for the State Department of Education, since 1996 students have reported percentage declines in usage as follows:

	Grade 6	Grade 8	Grade 10*	Grade 12
Tobacco	- 4.3	-16.5	-16.9	-18.4
Alcohol	- 6.2	- 11.8	-7.6	-9.5
Any drug	+1.8	- 6.9	-4.0	-2.2

*Grade 10 surveys began in 1998.

A complete copy of the 2004 Substance Use and School Climate Survey can be found on the State Department of Education website:
<http://www.sde.state.id.us/safe/publications/survey2004.asp>

Safe and Drug-Free Schools Program

PROGRAM FOUNDATION

Principal Goal

The **goal** of the SDFS program is to build on the strengths of Idaho students by establishing a positive learning environment that is safe and drug and violence free in which youth may develop to their maximum academic and life skills potential.

Primary Objectives

- ◆ Develop age appropriate comprehensive drug education and prevention programs involving parents, schools and community.
- ◆ Provide a school environment that is a safe and drug-free place for students to learn and for adults to work.
- ◆ Enhance interwoven prevention and awareness activities that assist in the development of risk/ protective factors and life skills and build on developmental assets.

Prevention Strategies:

Researchers have identified several strategies that seem to prevent the involvement of young people in drug use, violence and other harmful behaviors. In implementing prevention efforts for youth, all of these strategies should be incorporated:

- ◆ Provide information
- ◆ Provide life skills training
- ◆ Provide alternative activities
- ◆ Involve the community

COMPREHENSIVE PROGRAMS – Annual school district applications are submitted for approval; however, before approval is granted districts are required to use "**Principles of Effectiveness**" to develop comprehensive substance abuse and violence prevention programs designed to meet the needs of all students.

Components for Comprehensive Program (Design Implementation):

- ◆ **Curriculum** – Prevention programs implemented and taught in classroom setting during the school day.
- ◆ **Non-Curriculum** – Activities that emphasize and reinforce prevention programs before and after school and during lunch.

- ◆ **Peer-Delivered** – Youth-led activities, such as mentoring, peer mediation, cross-age teaching, and Natural Helpers.
- ◆ **Intervention** – Services or activities that provide help, such as Student Assistance Programs (SAP), counseling, and drug/alcohol assessments.
- ◆ **Alternative/Charter Schools** – Programs established in alternative school teaching environment and charter schools.
- ◆ **Parent/Community** – Awareness/educational prevention and parenting skills programs.
- ◆ **Special Events** – Assemblies, presentations, and activities that reinforce prevention efforts.
- ◆ **Prevention Staffing/Development** – Staff involved in implementing prevention programs, workshops, seminars and trainings.
- ◆ **Volunteers** – Comprehensive approach to prevention involves volunteer activities.